

Perfect pressed plants

You will need

Responsibly picked flowers and foliage
Newspaper or kitchen paper sheets
A heavy book
PVA glue

Age 4+ (with some supervision)

What to do

1. Open your book in the middle and place the paper sheet on top of the open page.
2. Space the flowers and foliage out evenly on top of the paper sheet.
3. Carefully place another sheet of newspaper or kitchen paper on top. It can be helpful to double up the sheets of paper to ensure the book is protected.



4. Close the book. You can repeat the process between different pages with more flowers if you'd like.



5. Check every few days – your flowers are ready when they are completely dry.

Creative ideas for your pressed flowers

- Arrange your flowers on card with glue to create gift tags or greetings cards.
- Can you write your name in flowers? Create a name plaque to hang on your bedroom door.

- Create fact cards – go on an internet fact-finding mission to find out the name of your plant and then write this next to your mounted flower.